



Summer 2023

Greetings Families,

Welcome to Camp Gilmour, the Official Camp of Summer Fun! Thank you so very much for spending your summer at Gilmour Academy. We appreciate all campers entrusted to our care, and we are excited about our programs. To ensure a positive experience please review these important points for your Trail Blazer camp experience.

## Before/Aftercare Location

35001 Cedar Road, Gates Mills OH 44040

### Before and After Care

- ❖ All **before (7:15 am) and aftercare (until 6 pm)** for day camp and preschool is held at the Lower School, 35001 Cedar Road. Before and after care is available for an additional fee. If you need to add this service, please contact the camp office at 440 473 8000 ext. 2267. *You must register for this the Thursday BEFORE your camp begins on Monday.* There are no single day before or aftercare options.
- ❖ Out of respect for our outstanding counselors, please remember that morning drop offs no earlier than 7:15 am for before care and after care ends promptly at 6:00 pm. If you are late picking up your child from after care, there is a \$1.00 charge per minute.

**THE DIRECT LINE TO BEFORE OR AFTERCARE (7:00 -8:30 AM and 4:30-6:00PM)  
440-473-8000 ext. 6127.**

## Day Camp Location

2045 SOM Center Road, Gates Mills OH 44040. Drop off and pick up in the Athletic Center circle.

## Trail Blazers 2023

- The group will meet every morning by 9:00 am in the circle outside the Athletic Center.
- Ms. Sanders will be your senior counselor for the week. Her email is [sandersd@gilmour.org](mailto:sandersd@gilmour.org)

## What to wear and bring

- Please have your child dress for the weather in comfortable, casual clothing – **close-toed shoes only**. Dressing in layers makes it easy to adjust to our Cleveland weather. We will be going outside daily and participating in many hands-on activities.
- **Comfortable, sturdy hiking shoes, which include sandal-style shoes like the closed-toe Keens (or Texas, etc.) that are made for hiking and water sports (my personal summer hiking favorite) and water-friendly shoe, or an old pair of tennis shoes/sneakers/running shoes, will be ideal for the Stebbins Gulch hike on Friday.**
- Campers will receive a Camp Gilmour 2023 t-shirt. Please wear the camp t-shirts on all field trips.
- *Please bring a plastic water bottle.* We have many opportunities to fill your water bottle up during the day. We will always be using water bottles.

- Be sure to **label EVERYTHING** with your child's name. This includes all bags, clothing items, etc. This will help ensure that what your child brings with them in the morning comes home with them in the afternoon.
- A backpack would be great for this week.

## What not to bring

- **No outside toys, electronic devices, jewelry, etc.** should be brought to camp. These items have a tendency to get lost or broken and make for a sad day. Phones should be secured in a backpack and should not be used during the camp day.

## Lunch

- ❖ **Box lunches will be provided each day.**
- ❖ Due to life-threatening allergies, no candy or snacks that contain any type of nuts are to be brought in with your child. We will also have plenty of water available throughout the day. Campers will choose from sun butter and jelly, turkey, ham or salami sandwiches for their box lunch. Also included is fruit, dessert, and bagged snacks. Campers are welcome to pack lunches if they do not like the choices, but are reminded not to bring items containing nuts.

## For the Sun

- ❖ As we have many activities planned for the outdoors, campers are encouraged to wear items for increased comfort such as sunblock, sunglasses, hats or visors, and light-colored t-shirts. We just want our campers to be as comfortable as possible when engaged in outdoors activities.
- ❖ Campers should bring a **non-breakable water bottle** to camp each day. The day is designed to stop at hydration stations for water breaks.  
Please remember to put **sunscreen** on your camper before dropping them off in the morning. If you would like us to reapply in the afternoon, please be sure to send in **spray only sunscreen** labeled with your child's name, along with a note of permission signed by you. Please instruct your children on the importance of sunscreen and how to apply it.

## For Medical Attention

- ❖ Gilmour will have a nurse on both the Preschool and Day Camp campus during camp hours. They are available to assist with caring for any scrapes, bruises and minor injuries. Any medical emergencies will be handled with a call to 911.
- ❖ If your child has **an allergy that requires an allergy or medication action plan**, please fill out the attached form and bring it to camp the first day. You can turn the form in and discuss any concerns with Gilmour's nurse. If there are no concerns, no need to complete these forms.

## For Emergency Contact

- ❖ Should you need to reach your child right away, please do not hesitate to call **Ms. Erin Molder** at (440) 473 8000 ext. 2267, in our camp office or email at [summercamp@gilmour.org](mailto:summercamp@gilmour.org).

## Absence from Camp

- ❖ If for any reason you will not be attending camp, your child is ill or you are delayed, please call 440-473-8000 ext. 2267 and leave a message on the answering machine. For your safety, we will account for all families by 9:30 am each morning.

## Week Itinerary

Hello Trail Blazers

Camper Families!

I am happy to share some of the most beautiful parts of Northeast Ohio with your camper this coming week! This is a rigorous camp, so I wanted to give you some details for planning.

First, we will have water with us on the bus, which will meet us at a variety of strategic locations for rest/water breaks. A reusable, lightweight water bottle is recommended. Please pack nutritious snacks (trail mix, for instance- these must be nut-free) that are easy to carry and eat along the way. Lunches will stay on the bus and will be waiting for us each day at our lunch stop. We will stay on trails and paths in the parks, so shorts are fine. I recommend comfortable, sturdy hiking shoes, which include sandal-style shoes like the closed-toe Keens (or Tevas, etc.) that are made for hiking and water sports (my personal summer hiking favorite). This type of water-friendly shoe, or an old pair of tennis shoes/sneakers/running shoes, will be ideal for the Stebbins Gulch hike on Friday. We will walk in the beautiful clear stream water for much of that hike (and that makes it fun and refreshing in the summer)!

Finally, we will always be close to a visitor center or nature center in case of inclement weather. We will be vigilant about hydration, and about the weather as well. Please don't hesitate to get in touch with me if you have any questions or concerns! My email is [sandersd@gilmour.org](mailto:sandersd@gilmour.org).

Wishing you all the best of summer,  
Ms. Darci Sanders

### Monday at Chapin Arboretum

- We'll spend this day hiking the many trails through this amazing old growth forest area, picnicking and snacking along the way. The amazing conglomerate rock outcroppings and views over the quarry are fascinating and beautiful.

### Holden Arboretum

- Tuesday at Little Mountain
- We'll conclude this "Holden" day with a short hike/nature center visit in a Lake County Metropark

### Wednesday at Cuyahoga Valley National Park-Waterfalls Day!

- We'll visit several beautiful parts of Ohio's own national park, seeking out the waterfalls in particular and stopping at Visitor Centers for a rest.

### Thursday at North Chagrin Reservation

- We'll explore the paths less traveled in our closest Cleveland Metropark, North Chagrin. Trails will take us to many of the best features of this huge reservation, including a visit to the nature center.

### Friday Stebbins Gulch

- We'll conclude this "Holden" day with a visit to Gilmour's school farm features.

**Camp Summer Camp Staff:** Please respond to this email if you have any questions. Thank you.

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